Individual Physical Exam Package (DUN-NAN)

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Categories	ltems	Descriptions	Economy Exam	Standard All-day Exam	Standard + Gastrointestinal Exam	Standard + Cardiovascular Exam	Standard + Lung Exam	Standard + Gastrointestinal & Cardiovascular Exam	Comprehensive Exam + Cardiopulmonary Images	Comprehensive Exam + Systemic Images
Theme Set - Gastrointestinal Examination	Anesthesia Panendoscopy & Colonfibroscopy with Al Colorectal Polyp Detection %including low-fiber diet	The use of "narrow band endoscopy imaging (NBI)". CO2 insufflation, Al colorectal polyp detection and customized anaesthesia for gastrointestinal assessments, including inflammation, ulcers, polyps, tumors or hemorrhoids.			•			•	• Innades	•
	Fecal probiotics analysis	The gut microbiome is critical to human health, not only the gastrointestinal system but also the immunity and other organs. By testing specific probiotics, you will be able to gain an initial insight of the intestinal microenvironment. You may be further advised to consider additional nutritional counseling and improve the gastrointestinal system through dietary addiustments.			•			•	•	•
	Amylase	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.			•			•	•	•
	Lipoprotein A	A lipoprotein (a) test is used to check for risk of stroke, heart attack, or other heart diseases.				•		•	•	•
	high-sensitivity C-reactive protein	one of the markers of inflammation in the body.				•		•	•	•
	Homocysteine	Risk assessment for cardiovascular diseases.				•		•	•	•
	2-D ECHO of Heart	Cardiac output assessment and screening of heart valve stenosis, prolapse or regurgitation. Cerebral blood flow assessment for the				•		•	•	•
	Extra-Cranial Carotid dopplar scan	screening of carotid artery sclerosis or stenosis.				•		•	•	•
	Serum Electrolytes 1. Sodium 2. Potassium 3. Chloride 4. Calcium	An assessment for blood electrolyte homeostasis to reflect kidney, endocrine functions or nutritional status.				•		•	•	•
Theme Set - Cardiovascular Examination	Total IgE · Common allergens 24 items	The screening of allergies and testing for 24 Common Allergens Including Microorganisms, Animal Fur, Rodents, Household Dust, Seafood, and Proteins.							(Choose one of the two options)	(Choose one of the two options)
	24 Hours Continuous ECG Scan	Early detection of asymptomatic and paroxysmal arrhythmias. Risk assessment for cardiovascular				(Choose one of the two options)		(Choose one of the two options)		
	NT-ProBNP · CoQ10 · Vitamin E	diseases. Indicators for autonomic and				me two options)		me two opilons)		
	Heart Rate Variability	parasympathetic nervous system activities, functional indices and homeostasis to determine your emotions or stress condition.				(Choose one of		(Choose one of	•	•
	Nutrition Consultation	A one-on-one consultation with a professional dietitian for the provision of dietary education as well as recommendation based on individual physical status.				the two options)		the two options)	•	•
	Pulmonary Function (Screening)	Assess lung capacity and airway patency to determine the presence of lung diseases or pulmonary function abnormalities.					•		•	•
Theme Set - Lung	NSE	A diagnostic marker for small cell lung cancer.					•		•	•
Examination	Low Dose Lung CT	The best early screening tool for lung cancer! It can be used to specifically screen lung tumors, pneumonia,					•		•	•
		granuloma or fibrosis.								
	Body Height Body Weight	-	•	•	•	•	•	•	•	
	Waistline Body Fat Percentage		•	•	•	•	•	•	•	•
	Ideal Body Weight Body Mass Index		•	•	•	•	•	•	•	•
General Examination	Composition elementary body 1. Weight of Muscle 2. Weight of Subcutaneous&Visceral	Basic information established as baseline data for subsequent health exams.								
	Fat 3.weight of water 4. Basal Metabolic Rate 5. Analysis of Obesity 6. Assessment of Edema		•	•	•	•	•	•	•	•
	Blood Pressure(sitting) Pulse Rate		•	•	•	•	•	•	•	•
Physical Examination	Physical Examination	A comprehensive inspection and assessment conducted by a physician. Pulmonary screening of inflammation,	•	•	•	•	•	•	•	•
Lung Examination	Chest X-ray,PA & L Lat. View Triglyceride	fibrosis, tuberculosis, tumors or cardiomegaly.	•	•	•	•	•	•	•	•
	Total cholesterol HDL-C LDL-C	Risk factors of cardiovascular diseases or atherosclerosis for risk assessments of	•	•	•	•	•	•	•	•
	Total/HDL Ratio LDL/HDL ratio	cardiovascular diseases.	•	•	•	•	•	•	•	•
	NT-ProBNP	Risk assessment for cardiovascular diseases. Blood sugar level for diabetes							•	•
	Fasting blood sugar	screening. A form of hemoglobin that is measured	•	•	•	•	•	•	•	•
Cardin	Hemoglobin A1c	primarily to identify the three-month average plasma glucose concentration to evaluate blood sugar	•	•	•	•	•	•	•	•
Cardiovascular and Metabolic	AC Insulin	control. Insulin level assessment.	•	•	•	•	•	•	•	•
System	Homeostasis Model Assessment of Insulin Resistance	Evaluating the ability of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes.	•	•	•	•	•	•	•	•
	TSH Free T4	Screening for hyperthyroidism or hypothyroidism.	•	•	•	•	•	•	•	•
	Thyroid ECHO	Ultrasound screening of goiter or thyroid neoplasm.							•	•
	Resting EKG	Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle branch block.	•	•	•	•	•	•	•	•
	Assessment of Atherosclerosis	Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.		•	•	•	•	•	•	•

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Cardiovascular	Whole body Fat, DXA method	The use of "Dual energy X-ray absorptiometry (DEXA)" for systemic body fat distribution analysis.						EXCITI	•	•
and Metabolic System	10-year CVD Risk Score	An assessment used for 10-year cardiovascular risk prediction based on basic demographics and lipid profile.		•	•	•	•	•	•	•
	GOT, AST GPT, ALT Total protein	Liver function testing for hepatitis or liver cirrhosis screening. Liver function, kidney disease and	•	•	•	•	•	•	•	•
	Albumin Globulin	nutritional status assessments.	•	•	•	•	•	•	•	•
	γ-GT	A diagnostic marker for liver diseases caused by alcohol or drugs.	•	•	•	•	•	•	•	•
	Alkaline phosphatase Total bilirubin	The screening of bile duct anomalies, hemolysis or biliary obstructions.	•	•	•	•	•	•	•	•
	Direct bilirubin Anti-HCV	The screening of hepatitis C virus	•	•	•	•	•	•	•	•
Digestive System	HBsAg	infections or carriers. The screening of hepatitis B virus	•	•	•	•	•	•	•	•
	Anti-HBs	infections or carriers. The screening of immunity against hepatitis B virus.	•	•	•	•	•	•	•	•
	OB, EIA	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.	•	•		•	•			
	Upper Abdominal Sonography	A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural anomalies.	•	•	•	•	•	•	•	•
	Blood urea nitrogen	Kidney function assessment.	•	•	•	•	•	•	•	•
	Uric acid Creatinine	An indicator for hyperuricemia or gout.	•	•	•	•	•	•	•	•
Kidney and	eGFR	Kidney function assessment. A routine urine test for the screening of	•	•	•	•	•	•	•	•
Urology	Urine routine examination and Sediment	renal/bladder diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease.	•	•	•	•	•	•	•	•
	Microalbumin Creatinine, U Complete Blood Counts	Early kidney function assessment for glomerulonephropathy.							•	•
	Leukocytes 2. Erythrocytes Hemoglobin 4. Hematocrit MCV 6. MCH 7. MCHC RDW 9. Platelet	The use of blood cell counts for inflammation, infection or anemia assessments.	•	•	•	•	•	•	•	•
Hematology	Differential Counts 1.Neutrophil 2.Lymphocyte 3.Monocyte 4.Eosinophil 5.Basophil	The screening of inflammation, infection, allergy or leukemia. Checking iron storage and evaluating	•	•	•	•	•	•	•	•
	Ferritin	iron deficiency anemia, chronic illness and chronic inflammation.	•	•	•	•	•	•	•	•
	Alpha-fetoprotein CEA	A diagnostic marker for liver cancer. A diagnostic marker for lung adenocarcioma, colon cancer or gastrointestinal cancer.	•	•	•	•	•	•	•	•
Tumor	CA19-9	A diagnostic marker for pancreatic cancer or bile duct cancer.		•	•	•	•	•	•	•
Biomarker	PSA Free PSA	A diagnostic marker for prostate cancer.	Male Only	Male Only Male Only	Male Only Male Only	Male Only Male Only	Male Only Male Only	Male Only Male Only	Male Only Male Only	Male Only Male Only
	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.	Female Only	Female Only	Female Only	Female Only				
	CA15-3	A diagnostic marker for breast cancer.		Female Only 1	Female Only	Female Only				
	Breast ECHO	Screening breast disease like tumor, or cysts.		(Choose one of the two options)	Female Only	Female Only				
Female Breast Examination	3D Tomosynthesis	Taking multi-angle images of the breasts and using computer reconstruction can more accurately distinguish real lesions from overlapping and uneven breast tissue, improving the accuracy of interpretation. It is recommended for women over 40 years old to undergo this examination.		Female Only 2 (Choose one of the two options)	Female Only	Female Only				
	Gynecology	Vaginal examination and history taking by an gynecologist.		Female Only	Female Only	Female Only				
	Thin PREP Pap smear	A thin Prep cytological test (TCT) for the screening of cervical cancer		Female Only	Female Only	Female Only				
Female medicine	Human papilloma virus test	A test of human pallilomavirus (HPV) for the screening of cervical cancer risks.							Female Only	Female Only
	Gynecological ECHO	To check structural disease in the uterus or ovaries such as tumors or cysts.		Female Only	Female Only	Female Only				
Male medicine	Testosterone	A male sex hormone and an indicator for male sexual functions or the efficacy of prostate cancer therapy.							Male Only	Male Only
	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones, urinary stone or lumbar/pelvic/hip diseases.	•	•	•	•	•	•	•	•
	C-spine X-Ray	To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.	•	•	•	•	•	•	•	•
Skeletal System	Left Hip,BMD	The use of "dual-energy X-ray absorptiometry (DEXA)" for key points bone mass measurement to screen bone mass reduction or osteoporosis. It can be used to monitor the		•	•	•	•	•	•	•
	N-MID Osteocalcin	osteogenesis function and evaluate the bone replacement rate. The low concentration may mean that the rate of bone formation is too slow; High concentration indicates that the rate of bone replacement is too fast, which may be a precursor of osteoporosis.							•	•
	Optical Coherence Tomography	Check macular degeneration, retinopathy, and optic neuropathy.		•	•	•	•	•	•	•
Eye	Visual Acuity Ishihara Test for Color vision	Vision and color differentiation check up.	•	•	•	•	•	•	•	•
Examination	intraocular pressure	Early screening of glaucoma based on the results of the intraocular pressure test.	•	•	•	•	•	•	•	•
ENT Examination	Hearing Test 500~4000Hz	Basic hearing test at different frequencies. (500, 1000, 2000 or 4000Hz) An hearing test using a precision	•							
	Pure Tone Audiometry 500~8000Hz	instrument in a confined space. (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz)		•	•	•	•	•	•	•

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Nutrient & Mineral	25-OH Vitamin D,Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis.	•	•	•	•	•	•	•	•
	Vitamin B12	Also known as cobalamin, it can assist the metabolism of crbohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis homocysteine.		•	•	•	•	•	•	•
	Folic acid	The relationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as homocysteine.		•	•	•	•	•	•	•
CT/MRI (At Cathay General Hospital)	Coronary Artery Calcium Scoring	It is used to check the level of coronary artery calcification and evaluating the risks of myocardial infarction.							•	
	640-slice CT:Cardiac CTA **Contrast injection is required	A non-invasive method to clearly demonstrate 3D images of coronary artery branches in order to screen myocardial or coronary artery stiffness, stenosis or obstruction.								•
	Brain and carotid MRA	A systemic checkup (brain, neck, lungs, upper abdomen, pelvis and the entire spine) for tumors, degenerative								•
	MRI-seven regions	disc disease, cerebrovascular abnormalities or brain parenchymal lesions.								•
Consultation	Medical Consultation	A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.		•	•	•	•	•	•	•
Health examination suit				•	•	•	•	•	•	•
Exclusive meal •			•	•	•	•	•	•	•	
			\$ 8,500							
racr	nage Price (Female) (NTD)	1	\$ 8,500	\$ 19,800	\$ 36,800	\$ 30,300	\$ 27,300	\$ 47,300	\$ 66,000	\$ 125,000

- Notes:
 (1) All of the above health services will be conducted in either Dun-Ping or Fu-Lin Clinic, excluding imaging examinations in which will be conducted in Cathay General Hospital.
 We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.
 (2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.
 (3) The contents of the health examination package cannot be exchanged or refunded. An additional fee of \$1,000 will be charged for an English version of the report.
 (4) Expiration Date:2024.10.1-2024.12.31