

Individual Physical Exam Package (DUN-NAN)

Categories	Items	Descriptions / Prices	Economy Exam	Standard All-day Exam (M)\$15,300	Standard + Gastrointestinal Exam	Standard + Cardiovascular Exam	Standard + Lung Exam (M)\$22,800	Standard + Gastrointestinal & Cardiovascular Exam (M)\$42,800	Comprehensive Exam + Cardiopulmonary Images (M)\$61,000	Exclusive Comprehensive Exam + Cardiopulmonary Images (M)\$88,000	Exclusive Comprehensive Exam + Systemic Images (M)\$150,000
			\$8,500	(F)\$19,800	(F)\$36,800	(F)\$30,300	(F)\$27,300	(F)\$47,300	(F)\$66,000	(F)\$93,000	(F)\$155,000
Theme Set - Gastrointestinal Examination	Anesthesia Panendoscopy & Colonfibroscopy with Al Colorectal Polyp Detection Xincluding low-fiber diet	The use of "narrow band endoscopy imaging (NBI)", CO2 insufflation, Al colorectal polyp detection and customized anaesthesia for gastrointestinal assessments, including inflammation, ulcers, polyps, tumors or hemorrhoids.			•			•	•	•	•
	Fecal probiotics analysis	The gut microbiome is critical to human health, not only the gastrointestinal system but also the immunity and other organs. By testing specific problotics, you will be able to gain initial insight of the insestinal micro			•			•	•	•	•
	Amylase	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.			•			•	•	•	•
	Lipoprotein A	A lipoprotein (a) test is used to check for risk of stroke, heart attack, or other heart diseases.				•		•	•	•	•
	high-sensitivity C-reactive protein	one of the markers of inflammation in the body.				•		•	•	•	•
Theme Set - Cardiovascular Examination	Homocysteine	Risk assessment for cardiovascular diseases.				•		•	•	•	•
	2-D ECHO of Heart	Cardiac output assessment and screening of heart valve stenosis, prolapse or regurgitation.				•		•	•	•	•
	Extra-Cranial Carotid dopplar scan	Cerebral blood flow assessment for the screening of carotid artery sclerosis or stenosis.				•		•	•	•	•
	Serum Electrolytes 1. Sodium 2. Potassium 3. Chloride 4. Calcium	An assessment for blood electrolyte homeostasis to reflect kidney, endocrine functions or nutritional status.				•		•	•	•	•
	Total IgE · Common allergens 24 items	The screening of allergies and testing for 24 Common Allergens Including Microorganisms, Animal Fur, Rodents, Household Dust, Seafood, and Proteins.							(Choose one of the		
	24 Hours Continuous ECG Scan	Early detection of asymptomatic and paroxysmal arrhythmias.				(Choose one of the		(Choose one of the	two options)		
	NT-ProBNP · CoQ10 · sdLDL	Risk assessment for cardiovascular diseases.				two options)		two options)			
	Heart Rate Variability	Indicators for autonomic and parasympathetic nervous system activities, functional indices							•	•	•
	Pepsinogen	and homeostasis to determine your emotions or stress condition. Pepsinogen can indicate the condition of gastric mucosal atrophy and serve as a preliminary risk assessment for the occurrence of gastric cancer.				•		•			
		It can be used to monitor the osteogenesis function and evaluate the bone replacement									
	N-MID Osteocalcin	rate. The low concentration may mean that the rate of bone formation is too slow; High concentration indicates that the rate of bone replacement is too fast, which may be a precursor of osteoporosis.				•		•	•	•	•
	Pulmonary Function (Screening)	Assess lung capacity and airway patency to determine the presence of lung diseases or pulmonary function abnormalities.					•		•		
Theme Set - Lung Examination	NSE	A diagnostic marker for small cell lung cancer.					•		•	•	•
Examination	Low Dose Lung CT	The best early screening tool for lung cancer! It can be used to specifically screen lung									•
	Body Height	tumors, pneumonia, granuloma or fibrosis.	•	•	•	•	•	•	•	•	•
	Body Weight	Basic information established as baseline data for subsequent health exams.	•	•	•	•	•	•	•	•	•
	Waistline Body Fat Percentage		•	•	•	•	•	•	•	•	•
	Ideal Body Weight Body Mass Index		•	•	•	•	•	•	•	•	•
General Examination	Composition elementary body 1. Weight of Muscle 2. Weight of Subcutaneous&Visceral Fat 3.weight of water 4. Basal Metabolic Rate		•	•	•	•	•	•	•	•	•
	Analysis of Obesity Assessment of Edema										
	Blood Pressure(sitting) Pulse Rate		•	•	•	•	•	•	•	•	•
Physical Examination	Physical Examination	A comprehensive inspection and assessment conducted by a physician.	•	•	•	•	•	•	•	•	•
Lung Examination	Chest X-ray,PA & L Lat. View Chest X-ray,PA View	Pulmonary screening of inflammation, fibrosis, tuberculosis, tumors or cardiomegaly.	•	•	•	•	•	•	•	•	•
	Triglyceride		•	•	•	•	•	•	•	•	•
	Total cholesterol HDL-C	Risk factors of cardiovascular diseases or atherosclerosis for risk assessments of	•	•	•	•	•	•	•	•	•
	LDL-C Total/HDL Ratio	cardiovascular diseases.	•	•	•	•	•	•	•	•	•
	LDL/HDL ratio Small-dence LDL	Small dense LDL cholesterol is a key risk factor that contributes to vascular hardening,	•	•	•	•	•	•	•	•	•
		plaque formation, and an increased risk of cardiovascular disease.								•	-
	NT-ProBNP	Risk assessment for cardiovascular diseases.							•		
	Fasting blood sugar	Blood sugar level for diabetes screening.	•	•	•	•	•	•	•	•	•
	Hemoglobin A1c	A form of hemoglobin that is measured primarily to identify the three-month average plasma glucose concentration to evaluate blood sugar control.	•	•	•	•	•	•	•	•	•
Cardiovascular and Metabolic	AC Insulin	Insulin level assessment.	•	•	•	•	•	•	•	•	•
and Metabolic System	Homeostasis Model Assessment of Insulin Resistance	Evaluating the ability of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes.	•	•	•	•	•	•	•	•	•
	TSH Free T4	Screening for hyperthyroidism or hypothyroidism.	•	•	•	•	•	•	•	•	•
	Thyroid ECHO	Ultrasound screening of goiter or thyroid neoplasm.	_	-		-	-		•	•	•
	Resting EKG	Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle branch block.	•	•	•	•	•	•	•	•	•
	Assessment of Atherosclerosis	Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.		•	•	•	•	•	•	•	•
Digestive System	Whole body Fat, DXA method	The use of "Dual energy X-ray absorptiometry (DEXA)" for systemic body fat distribution analysis.							•	•	•
	10-year CVD Risk Score GOT, AST	An assessment used for 10-year cardiovascular risk prediction based on basic demographics and lipid profile.	•	•	•	•	•	•	•	•	•
	GPT, ALT	Liver function testing for hepatitis or liver cirrhosis screening.	•	•	•	•	•	•	•	•	•
	Total protein Albumin	Liver function, kidney disease and nutritional status assessments.	•	•	•	•	•	•	•	•	•
	Globulin		•	•	•	•	•	•	•	•	•
	γ-GT	A diagnostic marker for liver diseases caused by alcohol or drugs.	•	•	•	•	•	•	•	•	•
	Alkaline phosphatase Total bilirubin	The screening of bile duct anomalies, hemolysis or biliary obstructions.	•	•	•	•	•	•	•	•	•
			•	•	•	•	•	•	•	•	•
	Anti-HCV	The screening of hepatitis C virus infections or carriers.		•	•	•	•	•	•	•	•
	HBsAg	The screening of hepatitis B virus infections or carriers.	•	•	•	•	•	•	•	•	•
	Anti-HBs	The screening of immunity against hepatitis B virus.	•	•	•	•	•	•	•	•	•
	OB, EIA Upper Abdominal Sonography	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation. A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural anomalies.	•	•	•	•	•	•	•	•	•
L		Surros, turnos, nver cultiusis, latty nver or suuctural anomalies.	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>		



									1	Fundament mobile p	
Categories	Items	Descriptions / Prices	Economy Exam	Standard All-day Exam	Standard + Gastrointestinal Exam	Standard + Cardiovascular Exam	Standard + Lung Exam	Standard + Gastrointestinal & Cardiovascular	Comprehensive Exam + Cardiopulmonary	Exclusive Comprehensive Exam + Cardiopulmonary	Exclusive Comprehensive Exam +
			\$8,500	(M)\$15,300	(M)\$32,300	(M)\$25,800	(M)\$22,800	Exam (M)\$42,800	Images (M)\$61,000	Images (M)\$88,000	Systemic Images (M)\$150,000
			40,000	(F)\$19,800	(F)\$36,800	(F)\$30,300	(F)\$27,300	(F)\$47,300	(F)\$66,000	(F)\$93,000	(F)\$155,000
Klidney and Urology	Blood urea nitrogen	Kidney function assessment.	•	•	•	•	•	•	•	•	•
	Uric acid	An indicator for hyperuricemia or gout.	•	•	•	•	•	•	•	•	•
	Creatinine	Kidney function assessment.	•	•	•	•	•	•	•	•	•
	eGFR		•	•	•	•	•	•	•	•	•
	Urine routine examination and Sediment	A routine urine test for the screening of renal/bladder diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease.	•	•	•	•	•	•	•	•	•
	Microalbumin	Early kidney function assessment for glomerulonephropathy. — Please collect a mid-stream urine sample in the early morning. (do not collect the first							•	•	•
	Creatinine, U	or last part during urination)							•	•	•
Hematology	Complete Blood Counts 1. Leukocytes 2. Erythrocytes 3. Hemoglobin 4. Hematocrit 5. MCV 6. MCH 7. MCHC 8. RDW 9. Platelet	The use of blood cell counts for inflammation, infection or anemia assessments.	•	•	•	•	•	•	•	•	•
	Differential Counts 1.Neutrophil 2.Lymphocyte 3.Monocyte 4.Eosinophil 5.Basophil	The screening of inflammation, infection, allergy or leukemia.	•	•	•	•	•	•	•	•	•
	Ferritin	Checking iron storage and evaluating iron deficiency anemia, chronic illness and chronic inflammation.	•	•	•	•	•	•	•	•	•
	Alpha-fetoprotein	A diagnostic marker for liver cancer.	•	•	•	•	•	•	•	•	•
	CEA	A diagnostic marker for lung adenocarcioma, colon cancer or gastrointestinal cancer.	•	•	•	•	•	•	•	•	•
	CA19-9	A diagnostic marker for pancreatic cancer or bile duct cancer.		•	•	•	•	•		•	•
Tumor Biomarkor	PSA		Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only
	Free PSA	A diagnostic marker for prostate cancer.	Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only
	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.	Female Only	Female Only	Female Only	Female Only	Female Only				
	CA15-3	A diagnostic marker for breast cancer.	,	Female Only 1	Female Only	Female Only	Female Only				
	Breast ECHO	Screening breast disease like tumor,or cysts.		(Choose one of the two options)	Female Only	Female Only	Female Only				
Female Breast Examination	3D Mammography	Taking multi-angle images of the breasts and using computer reconstruction can more accurately distinguish real lesions from overlapping and uneven breast tissue, improving the accuracy of interpretation. It is recommended for women over 40 years old to undergo this examination.		Female Only 2 (Choose one of the two options)	Female Only	Female Only	Female Only				
	Gynecology	Vaginal examination and history taking by an gynecologist.		Female Only	Female Only	Female Only	Female Only				
	Thin PREP Pap smear	A thin Prep cytological test (TCT) for the screening of cervical cancer		Female Only	Female Only	Female Only	Fomala Only				
Female medicine				Female Only	Female Only	remaie Only	Female Only	Female Only			Female Only
	Human papilloma virus test	A test of human pallilomavirus (HPV) for the screening of cervical cancer risks.							Female Only	Female Only	Female Only
	Gynecological ECHO	To check structural disease in the uterus or ovaries such as tumors or cysts.		Female Only	Female Only	Female Only	Female Only				
Male medicine	Testosterone	A male sex hormone and an indicator for male sexual functions or the efficacy of prostate cancer therapy.							Male Only		
	Upper and Lower Limb Muscle Strength Assessment	Measures the strength and power of the upper and lower limbs to evaluate the risk of muscle atrophy, sarcopenia, and metabolic disorders.	•	•	•	•	•	•	•	•	•
	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones,urinary stone or lumbar/pelvic/hip diseases.	•	•	•	•	•	•	•	•	•
Skeletal System	C-spine X-Ray	To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.	•	•	•	•	•	•	•	•	•
	Left Hip,BMD	The use of 'dual-energy X-ray absorptiometry (DEXA)' for key points bone mass measurement to screen bone mass reduction or osteoporosis.		•	•	•	•	•	•	•	•
	VeriOsteo OP	Utilizing Al algorithms to assess abnormalities in bone mineral density.	•								
				_	_	_	_				
	Optical Coherence Tomography	Check macular degeneration, retinopathy, and optic neuropathy.	_	•	•	•	•	•	•	•	•
	Visual Acuity Ishihara Test for Color vision	Vision and color differentiation check up.	•	•	•	•	•	•	•	•	•
	intraocular pressure	Early screening of glaucoma based on the results of the intraocular pressure test.	•	•	•	•	•	•	•	•	•
	Hearing Test 500~4000Hz	Basic hearing test at different frequencies. (500, 1000, 2000 or 4000Hz)	•								
ENT Examination Nutrient & Mineral	Pure Tone Audiometry 500~8000Hz	An hearing test using a precision instrument in a confined space. (500, 1000, 2000, 3000,		•	•	•	•				•
		4000, 6000 or 8000Hz) One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous	_								
	25-OH Vitamin D,Total	homeostasis.	•	•	•	•	•	•	•	•	•
	Vitamin B12	Also known as cobalamin, it can assist the metabolism of crobrydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis hornocysteine.		•	•	•	•	•	•	•	•
	Folic acid	The relationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as homocysteine.		•	•	•	•	•	•	•	•
Functional Medicine	Male Hormone Analysis	This test helps assess whether your hormones are in balance. Maintaining a healthy hormone balance is essential for preserving muscle mass, cognitive function, cardiovascular health, emotional stability, and overall vitality.								Male Only	Male Only
	Female Hormone Analysis	Hormones play a crucial role in growth, reproduction, emotions, and metabolism. Before and after menopause, hormonal changes can increase health risks and cause discomfort in daily life. This test helps you understand your hormone levels so you can make necessary adjustments to maintain your well-being.								Female Only	Female Only
	Polyunsaturated Fatty Acid Profile	This test evaluates the balance of different fatty acids in your body. Maintaining the right fatty acid ratio is important for regulating inflammation, supporting nerve function, and enhancing immune health. A good balance of fatty acids also contributes to overall metabolic regulation.								•	•
(At Cathay General Hospital)	Coronary Artery Calcium Scoring	It is used to check the level of coronary artery calcification and evaluating the risks of myocardial infarction.							•	•	
	640-slice CT:Cardiac CTA **Contrast injection is required	A non-invasive method to clearly demonstrate 3D images of coronary artery branches in order to screen myocardial or coronary artery stiffness, stenosis or obstruction.									•
	Brain and carotid MRA	A systemic checkup (brain, neck, lungs, upper abdomen, pelvis and the entire spine) for lumors, degenerative disc disease, cerebrovascular abnormalities or brain parenchymal									•
	MRI-seven regions	lesions. A service provided by an attending physician, including report descriptions, patient									•
Consultation	Medical Consultation	education and recommendations for subsequent managements or follow-ups.		•	•	•	•	•	•	•	•
		Health examination suit		•	•	•	•	•	•	•	•
		Exclusive meal	•	•	•	•	•	•	•	•	•

Notes:

(1) All of the above health services will be conducted in either Dun-Ping or Fu-Lin Clinic, excluding imaging examinations in which will be conducted in Cathay General Hospital. We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updat (2) if the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.

(3) The contents of the health examination package cannot be exchanged or refunded.

(4) Expiration Date: 2025.04.01–2026.03.31