

Categories	Items	Descriptions / Prices	Minimum Exam	Economy Exam	Standard All-day Exam	Standard + Gastrointestinal Exam	Standard + Cardiovascular Exam	Standard + Lung Exam	Standard + Gastrointestinal & Cardiovascular Exam	Comprehensive Exam + Cardiopulmonary Images	Comprehensive Exam + Systemic Images
			\$6,500	\$8,500	(M)\$14,300 (F)\$17,300	(M)\$31,300 (F)\$34,300	(M)\$24,800 (F)\$27,800	(M)\$21,800 (F)\$24,800	(M)\$41,800 (F)\$44,800	(M)\$58,000 (F)\$63,000	(M)\$100,000 (F)\$105,000
Theme Set - Gastrointestinal Examination	Anesthesia Panendoscopy & Colonfibroscopy with Al Colorectal Polyp Detection %including low-fiber diet	The use of "narrow band endoscopy imaging (NBI)", CO2 insuffation, Al colorectal polyp detection and customized anaesthesia for gastrointestinal assessments, including inflammation, ulcers, polyps, tumors or hemorrhoids.			(F)\$17,300	(F)\$34,300	(F)\$27,000	(F)\$24,000	(r)\$44,000 •	(F)\$63,000	(F)\$105,000
	Fecal probiotics analysis	The gut microbiome is critical to human health, not only the gastronitestinal system but also the immunity and other organs. By testing specific probabilities, you will be able to gain or the state of				•			•	•	•
	Amylase	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.				•			•	•	•
	Lipoprotein A	A lipoprotein (a) test is used to check for risk of stroke, heart attack, or other heart diseases.					•		•	•	•
	high-sensitivity C-reactive protein	one of the markers of inflammation in the body.					•		•	•	•
	Homocysteine	Risk assessment for cardiovascular diseases.					•		•	•	•
	2-D ECHO of Heart	Cardiac output assessment and screening of heart valve stenosis, prolapse or regurgitation.					•		•	•	•
	Extra-Cranial Carotid dopplar scan	Cerebral blood flow assessment for the screening of carotid					•			•	
	Serum Electrolytes 1. Sodium 2. Potassium 3. Chloride 4. Calcium	artery sclerosis or stenosis.  An assessment for blood electrolyte homeostasis to reflect kidney, endocrine functions or nutritional status.					•		•	•	•
Theme Set - Cardiovascular	Total IgE · Common allergens 24 items	The screening of allergies and testing for 24 Common Allergens Including Microorganisms, Animal Fur, Rodents, Household Dust, Seafood, and Proteins.								(Choose one of the	(Choose one of the
Examination	24 Hours Continuous ECG Scan	Early detection of asymptomatic and paroxysmal arrhythmias.					(Choose one of the		(Choose one of the	two options)	two options)
	NT-ProBNP · CoQ10 · sdLDL	Risk assessment for cardiovascular diseases.					(Choose one of the two options)		(Choose one of the two options)		
		Indicators for autonomic and parasympathetic nervous system									
	Heart Rate Variability	activities, functional indices and homeostasis to determine your emotions or stress condition.								•	•
	Pepsinogen	Pepsinogen can indicate the condition of gastric mucosal atrophy and serve as a preliminary risk assessment for the occurrence of gastric cancer.					•		•		
	N-MID Osteocalcin	It can be used to monitor the osteogenesis function and evaluate the bone replacement rate. The low concentration may mean that the rate of bone formation is too slow; High concentration indicates that the rate of bone replacement is too fast, which may be a precursor of osteoporosis.					•		•	•	•
	Pulmonary Function (Screening)	Assess lung capacity and airway patency to determine the presence of lung diseases or pulmonary function abnormalities.						•		•	•
Theme Set - Lung Examination	NSE	A diagnostic marker for small cell lung cancer.						•		•	•
	Low Dose Lung CT	The best early screening tool for lung cancer! It can be used to specifically screen lung tumors, pneumonia, granuloma or						•		•	•
	Body Height	fibrosis.	•	•	•	•	•	•	•	•	•
	Body Weight	Basic information established as baseline data for subsequent health exams.  A comprehensive inspection and assessment conducted by a	•	•	•	•	•	•	•	•	•
	Waistline Body Fat Percentage		•	•	•	•	•	•	•	•	•
	Ideal Body Weight Body Mass Index		•	•	•	•	•	•	•	•	•
General Examination			•	•	•	•	•	•	•	•	•
	Blood Pressure(sitting)		•	•	•	•	•	•	•	•	•
Dhynical Evernination	Pulse Rate  Physical Examination		•	•	•	•	•	•	•	•	•
Physical Examination		physician.	_	•			•	-			_
Lung Examination	Chest X-ray,PA & L Lat. View	Pulmonary screening of inflammation, fibrosis, tuberculosis, tumors or cardiomegaly.	•	•	•	•	•	•	•	•	•
	Triglyceride Total cholesterol	Risk factors of cardiovascular diseases or atherosclerosis for risk assessments of cardiovascular diseases.	•	•	•	•	•	•	•	•	•
	HDL-C LDL-C		•	•	•	•	•	•	•	•	•
	Total/HDL Ratio LDL/HDL ratio		•	•	•	•	•	•	•	•	•
	Small Dense LDL	Small dense LDL cholesterol is a key risk factor that contributes to atherosclerosis, plaque formation, and an increased risk of cardiovascular disease.	•	•	•	•	•	•	•	•	•
Cardiovascular and Metabolic System	NT-ProBNP	Risk assessment for cardiovascular diseases.								•	•
	Fasting blood sugar	Blood sugar level for diabetes screening.	•	•	•	•	•	•	•	•	•
	Hemoglobin A1c	A form of hemoglobin that is measured primarily to identify the three-month average plasma glucose concentration to evaluate blood sugar control.		•	•	•	•	•	•	•	•
	AC Insulin	Insulin level assessment.	•	•	•	•	•	•	•	•	•
	Homeostasis Model Assessment of Insulin Resistance	Evaluating the ability of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes.	•	•	•	•	•	•	•	•	•
	TSH Free T4	Screening for hyperthyroidism or hypothyroidism.	•	•	•	•	•	•	•	•	•
	Thyroid ECHO	Ultrasound screening of goiter or thyroid neoplasm.			•	•	•	•	•	•	•
	Resting EKG	Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle branch block.	•	•	•	•	•	•	•	•	•
	Assessment of Atherosclerosis	Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.			•	•	•	•	•	•	•
	Whole body Fat, DXA method	The use of "Dual energy X-ray absorptiometry (DEXA)" for systemic body fat distribution analysis.								•	•
	10-year CVD Risk Score	An assessment used for 10-year cardiovascular risk prediction based on basic demographics and lipid profile.			•	•	•	•	•	•	•
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Digestive System	GOT, AST	Liver function testing for hepatitis or liver cirrhosis screening.	•	•	•	•	•	•	•	•	•
	GPT, ALT Total protein		•	•	•	•	•	•	•	•	•
	Albumin Globulin	Liver function, kidney disease and nutritional status assessments.	•	•	•	•	•	•	•	•	•
	y-GT	A diagnostic marker for liver diseases caused by alcohol or	•		•	•	•	•	•	•	•
	Alkaline phosphatase	drugs.	•	•	•	•	•	•	•	•	•
	Total bilirubin Direct bilirubin	The screening of bile duct anomalies, hemolysis or biliary obstructions.	•	•	•	•	•	•	•	•	•
Digodire Cyclem	Anti-HCV	The screening of hepatitis C virus infections or carriers.			•	•	•	•	•	•	•
	HBsAg	The screening of hepatitis B virus infections or carriers.		•	•	•	•	•	•	•	•
	Anti-HBs	The screening of immunity against hepatitis B virus.		•	•	•	•	•	•	•	•
	OB, EIA	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.	•	•	•		•	•			
	Upper Abdominal Sonography	A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural anomalies.	•	•	•	•	•	•	•	•	•
	Blood urea nitrogen	Kidney function assessment.	•	•	•	•	•	•	•	•	•
	Uric acid	An indicator for hyperuricemia or gout.	•	•	•	•	•	•	•	•	•
	Creatinine eGFR	Kidney function assessment.	•	•	•	•	•	•	•	•	•
Kidney and Urology	Urine routine examination and Sediment	A routine urine test for the screening of renal/bladder diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease.	•	•	•	•	•	•	•	•	•
	Microalbumin  Creatinine, U	Early kidney function assessment for glomerulonephropathy.  ———————————————————————————————————								•	•
<u> </u>	Complete Blood Counts								1	•	•
	Leukocytes 2. Erythrocytes 3. Hemoglobin 4. Hematocrit 5. MCV 6. MCH 7. MCHC 8. RDW 9. Platelet	The use of blood cell counts for inflammation, infection or anemia assessments.	•	•	•	•	•	•	•	•	•
Hematology	Differential Counts  1.Neutrophil 2.Lymphocyte  3.Monocyte 4.Eosinophil  5.Basophil	The screening of inflammation, infection, allergy or leukemia.	•	•	•	•	•	•	•	•	•
	Ferritin	Checking iron storage and evaluating iron deficiency anemia, chronic illness and chronic inflammation.		•	•	•	•	•	•	•	•
	Alpha-fetoprotein	A diagnostic marker for liver cancer.	•	•	•	•	•	•	•	•	•
	CEA	A diagnostic marker for lung adenocarcioma, colon cancer or gastrointestinal cancer.	•	•	•	•	•	•	•	•	•
	CA19-9	A diagnostic marker for pancreatic cancer or bile duct cancer.			•	•	•	•	•		•
Tumor Biomarker	PSA			Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only
	Free PSA	A diagnostic marker for prostate cancer.			Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only
	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.		Female Only	Female Only	Female Only	Female Only	Female Only	Female Only	Female Only	Female Only
	CA15-3	A diagnostic marker for breast cancer.								Female Only	Female Only
Female Breast Examination	Automated Breast Volumes Scanner	An advanced ultrasounic mammography. The big probe covers entire breast and is allowed automatic segmental scanning for breast tumor, cyst or fibroma assessment			Female Only	Female Only	Female Only	Female Only	Female Only	Female Only	Female Only
	Gynecology	Vaginal examination and history taking by an gynecologist.			Female Only	Female Only	Female Only	Female Only	Female Only	Female Only	Female Only
	Pap smear	A screening procedure for cervical cancer			Female Only	Female Only	Female Only	Female Only	Female Only		
Female medicine	Thin PREP Pap smear	A thin Prep cytological test (TCT) for the screening of cervical cancer								Female Only	Female Only
	Human papilloma virus test	A test of human pallilomavirus (HPV) for the screening of cervical cancer risks.								Female Only	Female Only
	Gynecological ECHO	To check structural disease in the uterus or ovaries such as tumors or cysts.			Female Only	Female Only	Female Only	Female Only	Female Only	Female Only	Female Only
Male medicine	Testosterone	A male sex hormone and an indicator for male sexual functions or the efficacy of prostate cancer therapy.								Male Only	Male Only
Male medicine	Prostate ECHO	Using ultrasound imaging to detect any abnormal structures or lesions in the prostate tissue.			Male Only	Male Only	Male Only	Male Only	Male Only	Male Only	Male Only
	Upper and Lower Limb Muscle Strength Assessment	Measures the strength and power of the upper and lower limbs to evaluate the risk of muscle atrophy, sarcopenia, and metabolic disorders.	•	•	•	•	•	•	•	•	•
	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones,urinary stone or			•	•	•	•	•	•	•
Skeletal System	C-spine X-Ray	lumbar/pelvic/hip diseases.  To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.		•	•	•	•	•	•	•	•
	Left Hip,BMD	The use of "dual-energy X-ray absorptiometry (DEXA)" for key points bone mass measurement to screen bone mass reduction or osteoporosis.			•	•	•	•	•	•	•
	VeriOsteo OP	Utilizing AI algorithms to assess abnormalities in bone mineral density.	•	•							
	Optical Coherence Tomography	Check macular degeneration, retinopathy, and optic neuropathy.		L	•	•	•	•	•	•	•
Eye Examination	Visual Acuity Ishihara Test for Color vision	Vision and color differentiation check up.	•	•	•	•	•	•	•	•	•
ENT Examination	intraocular pressure	Early screening of glaucoma based on the results of the intraocular pressure test.	•		•	•	•	•	•	•	•
	Hearing Test 500~4000Hz	Basic hearing test at different frequencies. (500, 1000, 2000 or									
	-	An hearing test using a precision instrument in a confined		Ť							
	Pure Tone Audiometry 500–8000Hz	space. (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz)			•	•	•	•	•	•	•
	25-OH Vitamin D,Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis.		•	•	•	•	•	•	•	•
Nutrient & Mineral	Vitamin B12	Also known as cobalamin, it can assist the metabolism of crbohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis homocysteine.			•	•	•	•	•	•	•
rvunen a mineral	Folic acid	The relationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as homocysteine.			•	•	•	•	•	•	•



## Individual Physical Exam Package (TAI-NAN)

Cathay Healthcare Management
Address: 2F., No.185, Sec. 1, Yongfu Rd., Tainan City, Taiwan
Tel: 412-8006(For direct dialing from mobile phones, please add 02.)

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					(F)\$17,300	(F)\$34,300	(F)\$27,800	(F)\$24,800	(F)\$44,800	(F)\$63,000	(F)\$105,000
	Coronary Artery Calcium Scoring	It is used to check the level of coronary artery calcification and evaluating the risks of myocardial infarction.								•	
CT/MRI (at Cooperative	Cardiac CTA	A non-invasive method to clearly demonstrate 3D images of coronary artery branches in order to screen myocardial or coronary artery stiffness, stenosis or obstruction									•
Medical Institution)	Brain and carotid MRA	A systemic checkup (brain, neck, lungs, upper abdomen, pelvis and the entire spine) for tumors, degenerative disc disease, cerebrovascular abnormalities or brain parenchymal lesions.									•
	MRI-seven regions										•
Consultation	Medical Consultation	A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.			•	•	•	•	•	•	•
	Health examination suit				•	•	•	•	•	•	•
Exclusive meal			•	•	•	•	•	•	•	•	•

Notes:

(1) All of the above health services will be conducted in either Gong-Yi Clinic, excluding imaging examinations in which will be conducted in Cooperative Medical Institution. We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates. (2) If the above health examination programs were not to your satisfaction, please don't healtate to contact us for further information or customized health examination programs were not to your satisfaction, please don't healtate to contact us for further information or customized health examination programs or the health examination package cannot be exchanged or refunded. An additional fee of \$1,000 will be charged for an English version of the report.

(4) Expiration Date-2025.07.01-2026.03.31